

## William Taber's 'Four Doors to Meeting for Worship'

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In a Pendle Hill Pamphlet describes preparation for worship, the experience of worship, and moving out of worship, in terms of passing through four doors:

1. **The Door Before** - Moving through the Door Before is an individual practice of dipping into the invisible stream whenever possible in between the corporate meeting for worship (p.4).
2. **The Door Inwards** - Moving through the Door Inwards is the process of 'entering and centring' as we make the transition from the ordinary state of mind into the expanded consciousness of worship (p.13). We need to approach worship with a **desire** or yearning for the divine presence, a relaxed but attentive **focus** and sufficient **trust** to enable us to enter the deep water and let go (p.14).
3. **The Door Within** - Moving through the Door Within is a process of gathering together and being lifted into another state of consciousness. This reveals itself as an inward, effortless quietness in which the mind slows down to a reverie-like state (p.17).
4. **The Door Beyond** - Moving through the Door Beyond is a practice of transitioning from worship back into a more 'normal' state of everyday consciousness (p.26).